



August 2010 Lunch Menu

Challenge Charter School



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11 Chicken Nuggets w/WG Roll Steamed Carrots Fresh Cut Watermelon Wedge Ketchup Packet	12 Teriyaki Chicken & Rice Cut Broccoli Fresh Cut Orange Wedges Fortune Cookie	13 Pepperoni Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet
16 Fish Sticks w/WG Roll Steamed Carrots Diced Pears Ketchup Packet	17 (2) Chicken Tostadas Refried Beans & Cheese Banana Taco Sauce	18 Chicken Sandwich on Bun Celery Sticks Diced Peaches Mayonnaise Packet	19 100% Beef Hamburger w/Bun Cut Wedge Fries Pineapple Chunks Ketchup & Mustard Packet	20 Cheese Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet
23 Meatballs & Brown Gravy Mashed Potatoes Diced Peaches Sliced French Bread	24 Beef & Chs Burrito w/Taco Sauce Whole Kernel Corn Fruit Cocktail Chocolate Chip Cookie	25 Spaghetti w/ Meat Sauce Sliced French Bread Cut Cucumbers Diced Peaches	26 Breakfast for Lunch French Toast Sticks & Sausage Fresh Fruit Medley Watermelon, Cantaloupe, Honeydew Syrup packet	27 Pepperoni Pizza Tossed Green Salad Fresh Cut Apple Wedges Ranch Packet
30 Mini Corn Dogs Whole Kernel Corn Applesauce Ketchup & Mustard Packet	31 Macaroni & Cheese Tossed Green Salad Fresh Cut Watermelon Wedge Ranch Packet			

Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability and include apple, orange, banana, pineapple, peaches, fruit cocktail, applesauce, cantaloupe, watermelon



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