Challenge Nutrition

August 2010 Order Form

Date	Day of the Week	Menu Item	Hot Lunch with Milk
11	Wednesday	Chicken Nuggets w/Whole Grain Roll	
12	Thursday	Teriyaki Chicken with Rice	
13	Friday	Pepperoni Pizza	
16	Monday	Fish Sticks w/Whole Grain Roll	
17	Tuesday	(2) Chicken Tostadas with Beans & Cheese	
18	Wednesday	Chicken Sandwich on Bun	
19	Thursday	100% Beef Hamburger on Bun	
20	Friday	Cheese Pizza	
23	Monday	Meatballs & Gravy w/Mashed Potatoes	
24	Tuesday	Beef & Cheese Burrito	
25	Wednesday	Spaghetti w/Meat Sauce & French Bread	
26	Thursday	French Toast Sticks with Sausage Patty	
27	Friday	Pepperoni Pizza	
30	Monday	Mini Corn Dogs with Ketchup	
31	Tuesday	Homemade Macaroni & Cheese	

Meal Prices:

Breakfast……..$1.25
Lunch……$2.50
Extra Milk……..$0.35
Milk Only……...$0.35

All lunches are carefully planned and nutritionally balanced to include an Entrée, two sides (a fruit & a vegetable), condiments as necessary, and student's choice of white milk daily to include 1%, 2%, and 1% Chocolate when available.

CCS participates in the National Free & Reduced Meals program. Eligibility is determined by the size of your household & income. Applications are available at the front desk.

Today's Date: _____

Student's Name: _____

Teacher's Name: _____

Grade Level: _____

	Total Hot Lunches:	Estimated Breakfasts:
Meal Prices:	x $2.50	x $1.25
Hot Lunch $'s:		
Est. Breakfast $'s:		
TOTAL Due:		

2010/11 Lunch Guidelines:

Payments made for school lunches must be made in blocks of ten or more: $25.00 (or $4.00 if qualified for reduced lunches).
The purchased lunches stay on the student's account until they have been eaten; they do not expire.
CCS provides each student one complimentary lunch card. If a replacement card is needed during the year, the child's lunch account will be charged $1.00.
Please ensure that your child has money on account on any day that they wish to purchase a school meal. We do not notify you when your account is low.
Milk is served each day with school lunches. If your student has brought a lunch from home, milk is available for purchase and the cost is $.35.
Even participants in the Free-Lunch program must pay $.35 for milk when they bring a lunch from home.
If your child does not have money in their account and has not brought a sack lunch, they will receive an "Emergency Meal" and their account will be charged.
"Emergency meal" consisting of a peanut butter & jelly sandwich, fruit/veggies (if available) and milk. Hot lunches will not be served as "Emergency Meals".
CCS does not automatically transfer money between siblings to cover a negative lunch balance.
You may request transfers between siblings on an as needed basis by calling the office and requesting a transfer via phone.
Please see the 2009-2010 Parent & Student Handbook for more information about the meal process and payments.

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