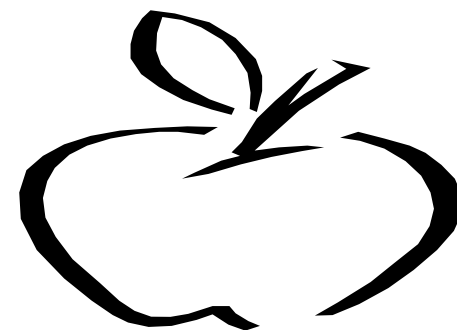


# Challenge Nutrition

## September 2010 Order Form



| Date | Day of the Week | Menu Item                              | Hot Lunch with Milk |
|------|-----------------|--|---------------------|
| 1    | Wednesday       | Jumbo Cheese Crisp                     |                     |
| 2    | Thursday        | Chicken Nuggets w/Whole Grain Roll     |                     |
| 3    | Friday          | Cheese Pizza                           |                     |
| 6    | Monday          | Holiday - No School                    | ---                 |
| 7    | Tuesday         | Holiday - No School                    | ---                 |
| 8    | Wednesday       | Hot Ham & Cheese Sandwich              |                     |
| 9    | Thursday        | Orange Chicken & Rice                  |                     |
| 10   | Friday          | Pepperoni Pizza                        |                     |
| 13   | Monday          | Mozzarella Sticks w/Marinara Dip Sauce |                     |
| 14   | Tuesday         | Homemade Beefaroni                     |                     |
| 15   | Wednesday       | Chicken Sandwich on Bun                |                     |
| 16   | Thursday        | 100% Beef Hamburger on Bun             |                     |
| 17   | Friday          | Cheese Pizza                           |                     |
| 20   | Monday          | Rib-BBQ Sandwich                       |                     |
| 21   | Tuesday         | Beef Nachos                            |                     |
| 22   | Wednesday       | Spaghetti w/Meat Sauce & French Bread  |                     |
| 23   | Thursday        | French Toast Sticks with Sausage Patty |                     |
| 24   | Friday          | Pepperoni Pizza                        |                     |
| 27   | Monday          | Professional Development - No School   | ---                 |
| 28   | Tuesday         | Ham & Cheese Hoagie                    |                     |
| 29   | Wednesday       | Half Day - No Lunch Served             | ---                 |
| 30   | Thursday        | Half Day - No Lunch Served             | ---                 |

| Meal Prices:    |        |
|-----------------|--------|
| Breakfast.....  | \$1.25 |
| Lunch.....      | \$2.50 |
| Extra Milk..... | \$0.35 |
| Milk Only.....  | \$0.35 |



All lunches are carefully planned and nutritionally balanced to include an Entrée, two sides (a fruit & a vegetable), condiments as necessary, and student's choice of white milk daily to include 1%, 2%, and 1% Chocolate when available.

**CCS participates in the National Free & Reduced Meals program. Eligibility is determined by the size of your household & income. Applications are available at the front desk.**

Today's Date: \_\_\_\_\_

Student's Name: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_

Meal Prices:

Hot Lunch \$'s:

Est. Breakfast \$'s:

**TOTAL Due:**

Total Hot Lunches:

**x \$2.50**

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Estimated Breakfasts:

**x \$1.25**

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### 2010/11 Lunch Guidelines:

Payments made for school lunches must be made in blocks of ten or more: \$25.00 (or \$4.00 if qualified for reduced lunches).  
 The purchased lunches stay on the student's account until they have been eaten; they do not expire.  
 CCS provides each student one complimentary lunch card. If a replacement card is needed during the year, the child's lunch account will be charged \$1.00.  
 Please ensure that your child has money on account on any day that they wish to purchase a school meal. We do not notify you when your account is low.  
 Milk is served each day with school lunches. If your student has brought a lunch from home, milk is available for purchase and the cost is \$.35.  
 Even participants in the Free-Lunch program must pay \$.35 for milk when they bring a lunch from home.  
 If your child does not have money in their account and has not brought a sack lunch, they will receive an "Emergency Meal" and their account will be charged.  
 "Emergency meal" consisting of a peanut butter & jelly sandwich, fruit/veggies (if available) and milk. Hot lunches will not be served as "Emergency Meals".  
 CCS does not automatically transfer money between siblings to cover a negative lunch balance.  
 You may request transfers between siblings on an as needed basis by calling the office and requesting a transfer via phone.  
 Please see the 2009-2010 Parent & Student Handbook for more information about the meal process and payments.



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